

Holy Simplicity: Clearing Away What Distracts, Burdens, or Falsely Defines Us So We Can Live More Freely (In the Home & In The Soul), Part 1

With Katie Sciba

Reflective Questions

"God created me to do Him some definite service. He has committed some work to me which He has not committed to another."

St. John Henry Newman

1. What in your life—either physically or emotionally—are you too attached to? What are you holding on to “just in case”? What might be God asking you to let go of?
2. Without a clear definition of function, a space loses its ability to be of service. What spaces in your home currently lack a clear function? What can you do about that this week?
3. Similarly, when we are rooted in our identity as a son or daughter of God and we understand our unique purpose, we can more freely live out the day-to-day calls of our vocations. How do you choose to stay close to Jesus each day?
4. What need do you feel God has called you to fill?
5. In what ways do you hope these exercises will bring greater clarity to your physical space and your soul?