

Can the Crosses in Our Lives Actually be Good or Beautiful?

With Ryan O'Hara

Reflective Questions

“The lot marked out for me is my delight; welcome indeed the heritage that falls to me,” Ps. 16:6.

1. Ryan suggests that, as adults, we often experience a gap between our expectations and reality. This gap can bring us great pain and brokenness. Where in your life right now is this gap between expectation and reality the biggest?
2. The pain and brokenness we can experience from the gap between expectation and reality can be very difficult for us to bear. Many people turn to self-medication of some form to get through the pain. What have you done about such pain when you've experienced it in the past?
3. Ryan shares about a time when he saw the beauty of the cross that God had entrusted to him and saw that it was a gift from God. In what ways have your crosses been gifts to you in the past?
4. Though it might be difficult for us, we should try to see our crosses as gifts from God to us. How can you work on seeing the crosses in your life right now as gifts from God?