

**The Catholic Symbolism in The Advent Wreath
With Olivia Spears
Reflective Questions**

“The people who walked in darkness have seen a great light; upon those who dwelt in the land of gloom a light has shone.”

Isaiah 9:2

1. How could you make your home's Advent wreath more than a decoration but rather a true center of prayer or family devotion?
2. In listening to this talk, which part of the Advent wreath and its symbolism stood out to you the most? Why? What do you think God might be saying to you through that?
3. Each candle represents a virtue: hope, peace, joy, and love. Which of these do you most need to grow in this Advent?
4. What areas in your life are in need of peace and joy? What can you do to invite Jesus into these places and allow Him to dispel the darkness of your heart?