

# **The Pray More Eucharistic Retreat Study Guide**

## **3 Things Everyone Needs to Know About the Eucharist With Dr. Edward Sri**

### **Reflective Questions**

“The Eucharist is a never-ending sacrifice. It is the Sacrament of love, the supreme love, the act of love.”

*St. Katherine Drexel*

1. How did understanding the Biblical context of the Last Supper help you to better understand the idea of Eucharist as Sacrifice? What stuck out to you most from Dr. Sri’s explanation of the Passover and the Jewish understanding of memorial?
2. Everytime we go to Mass the sacrifice of Jesus on the Cross is made present to us. Do you unite yourself to the sacrifice of Jesus when you attend Mass? What areas of your life are you still holding back from him?
3. In what areas of your life can you grow in total, perfect self-sacrificial love of Jesus?
4. As a member of the Bride of Christ—the Church—what are some ways you can grow closer to and more in love with the Bridegroom?