

# **The Pray More Advent Retreat Study Guide**

## **Looking Closer: St. Joseph, The Nativity, Simple Beauty With Kate Capato**

### **Reflective Questions**

“When Joseph awoke, he did as the angel of the Lord had commanded him and took his wife into his home.” Mt. 1:24

1. Though many people tend to think of beauty as a feminine quality, it is actually a quality of God. When we encounter something beautiful, we encounter God. How can thinking of God as True Beauty influence the way you think about His creation?
2. Kate discusses information from private relation about St. Joseph that says he gifted his inheritance to those who were trying to steal it, in order to prevent them from sinning. Would you be able to act in such a generous and loving manner? How can you work on imitating St. Joseph's detachment from material things?
3. St. Joseph, in his humility, did not see the depths of beauty radiated by his own soul. How do you tend to view your own holiness? How can you imitate Joseph's humility?
4. The more deeply we enter into relationship with God, the more radiant with beauty we become. This beauty can then beckon others to God. How can viewing your own beauty in this light influence the way you interact with others in your life?