The Pray More Healing Retreat Study Guide

Embracing the Power of Hope
With Dr. Mario Sacasa

Reflective Questions

"Were you there when I founded the earth?" Job 38:4

1. Dr. Mario Sacasa discusses the two scenarios in which people tend to think about hope. One is when things are going well for us, and the other is when we face severe difficulty. Have you experienced severe difficulties in your life? How do you typically respond?

2. We know that life continually moves forward and that all things are passing, just as the well-known quote from St. Teresa of Avila describes. How can the knowledge that everything is passing influence your outlook on life?

3. The Church calls hope a theological virtue, meaning that it can only be given to us by God. How can knowing that God is the source of hope change the way you think of hope?

4. The beginning of the story of Job is not necessarily very comforting for us when we are facing times of adversity. But at the end of the story, God comes to Job and speaks to him. Rather than telling Job the reasons for his suffering, God reminds Job that Job is a creature who cannot understand God's ways. Do you ever wish God would explain Himself to you? How can Job's acceptance of God's omniscience show you how to act in the face of suffering?