

# **The Pray More Lent Retreat Study Guide**

## **Advent to Easter: The Whole Story of Jesus with Karen May**

### **Reflection Questions**

“For God so loved the world that he gave His only Son, so that everyone who believes in Him might not perish but might have eternal life.” – Matthew 24:44

1. Karen walks us through the time from Advent to Easter—from the beginning of Jesus’ life to the end, and she discusses the similarities between the two seasons. As she says, Mary was the only one there for Christ’s birth and His death. Why is it important to contemplate that? How can we grow closer to Mary by prayerfully thinking about these events? What does walking through these stories with Mary do for our spiritual life?
2. The angel Gabriel announced Jesus’ birth, and John the Baptist announced Jesus’ entry into public ministry. How can you be like Gabriel and John and get people ready for Christ’s sacrifice? What are some things you can do this Lent to help prepare your friends and family for both the death and resurrection of Christ?
3. Karen talks about how John the Baptist recognized Jesus as Christ when they were both in the womb and then again when John told people that Christ was coming. We must be like John and recognize Christ as our Lord. What would this recognition look like in your life? Does it change the way you treat others or how you see people? Does it allow you to become a witness to the goodness of God?
4. Why is it important to see the connections between the stories of Jesus’ birth and Holy Week and His death? How does understanding these stories help you grow closer to Him? Think about the Passover lamb in the Old Testament and Jesus as the Passover Lamb. What does making that connection mean to you? For hundreds of years, God had a plan to send His Son. Does knowing that help you understand that He has a plan for your life? Does it help you see the enormity of His love?