

# **The Pray More Advent Retreat Study Guide**

## **The Titles of Jesus with Ashley Stevens**

### **Reflective Questions**

Jesus then said to the Twelve, ‘Do you also want to leave?’ Simon Peter answered him, ‘Master, to whom shall we go? You have the words of eternal life.’” – John 6:67-68

1. In John 14, Jesus says He will prepare a room for us. But first, we must make room for Him in our lives. How do you do that? What can you do to not only make room for Him in your life, but in your heart? How will doing this transform your life?
2. Jesus says “I am the way, the truth, and the life.” If we are to understand Jesus, we must get to know Him better. How is He the way? How is He the truth? And how is He the life? And how does reflecting on each of these titles help you grow in your relationship with Him?
3. Ashley talks about the importance of knowing Jesus. How do you know Him? How have you seen Him present in your life? What miracles or answered prayers have you seen in your life that help you come to know Him better?
4. As Catholics, we are blessed to be able to receive Christ in the Eucharist. During transubstantiation, the bread and wine truly are changed into the body and blood of Christ. We can see this miracle Mass or Adoration. How does receiving the Eucharist or praying during Adoration help you get to know Christ better? How does reflecting upon His sacrifice on the cross lead you to understand that He is the way, the truth, and the life?
5. God is the author and giver of both our physical and spiritual lives. He gave His life so we could be with Him for all of eternity. And He wants us to know that we are His beloved. What evidence in your life proves that you matter to Him? How does understanding this strengthen your relationship with Him?