

# **The Pray More Advent Retreat Study Guide**

## **Looking to Mary as Your Own Mother with Kitty Cleveland**

### **Reflective Questions**

And Mary said: “My soul proclaims the greatness of the Lord; my spirit rejoices in God my savior. For He has looked upon His handmaid’s lowliness; behold, from now on will all ages call me blessed.” – Luke 1:46-48

1. Kitty asks us to reflect on the love of Mary and to give her our “fiat”—to consecrate ourselves to her and to invite her into our hearts. Why is it important to allow Mary into your heart? What do you think will happen when you open your heart to her?
2. Even if we still have our mothers, we need our spiritual mother. Why? What can having Mary as a spiritual mother do for you? Kitty mentions that she has an image or statue of Mary in nearly every room in her house. Do you have statues or images in your house? How can having these visual reminders of our spiritual mother help bring you closer to her?
3. Kitty mentioned her vision where all the gifts on her doorstep were a result of Mary’s intercession. Reflect today on all of your blessings and on the love our spiritual mother has for you. Does the knowledge of her love for you make you feel closer to her? Have you ever thought about saying thank you to Mary for the graces you have received?
4. Kitty encourages us to say the Rosary daily. Many of us find this very difficult, even though it actually takes only 20 minutes or so to do. Why is it so important to pray the Rosary every day? If you have wanted to begin saying a daily Rosary, but haven’t, what is stopping you? If you do say a Rosary daily, what graces do you feel you receive from this beautiful prayer?