

The Pray More Healing Retreat Study Guide

Healing the Mother & Father Wounds With Jake Khym

Reflective Questions

“I will be a father to you, and you shall be sons and daughters to me, says the Lord Almighty,” 2 Cor. 6:18

1. Jake discusses how people develop a schema or system of beliefs based on past experiences, through which we see the world. What are some of the main ways you look at the world and at events that happen to you?
2. Wounds from our parents often happen either because of an absence of something that should have been there, or a presence of something that should not have been there. What might be some areas of absence or presence that wounded you in your past?
3. To heal from wounds caused by our parents, it is important to “repent” or choose to stop believing the lies that these wounds have caused us to believe. Then we should renounce these lies in the name of Jesus. What false beliefs do you need to repent of and renounce?
4. After repenting of and renouncing false beliefs, we need to receive the love of God. How can you work on receiving the love of God and connecting with Him more deeply in your life?