

The Pray More Lenten Retreat Study Guide

Letting go of Sin for the Hopeful Life with Katie Sciba

Reflective Questions

“It is our part to seek, His to grant what we ask;
ours to make a beginning, His to bring it to completion;
ours to offer what we can, His to finish what we cannot.”

- St. Jerome.

1. In this talk Katie speaks about habitual sins and the fact that we all have certain sins that we commit repeatedly. It is easy to say that those sins are just part of who you are or that they are part of your personality. What are your habitual sins? Have you become comfortable in accepting those habitual sins or are you working to break the cycle of habitual sin?
2. Consider the sins that you hold on to and imagine what your life would be like without them. What do you think would be different?
3. Have you ever been so hurt by someone else's sin that you find yourself projecting the pain you've experienced onto God, as if God sinned against you? What did this do to your relationship with God?
4. Take a moment to examine your relationship with Jesus. Who do you say that he is?