

The Pray More Healing Retreat Study Guide

The Joy to Be From: Our Belonging, Where We Came From with Damon Owens

Reflective Questions

“God created mankind in His image; in the image of God
He created them,” – Genesis 1:27

1. Damon talks about how we receive our biological make up from our parents, and that we can think about our spiritual identity in a similar way: we carry the Spirit of our Father forever. How can looking at your spiritual identity in this way change the way you think about who you are?
2. Relationships with others point to our need to feel a sense of belonging in our lives. What relationships in your life give you the greatest feelings of belonging?
3. The idea that we were created for joy rests on the Christian proposal about the origin and destiny of man. How can an awareness of your origin and destiny as a child of God influence your decisions about what to prioritize in your life?
4. Understanding our identity must involve seeing ourselves through the eyes of our Creator. How can trying to look at yourself from God’s point of view change the way you see yourself?