

The Pray More Lent Retreat Study Guide

Redemptive Suffering with Pete Burak

Reflective Questions

“We are afflicted in every way, but not constrained; perplexed but not driven to despair; persecuted but not abandoned; struck down but not destroyed.” 2 Cor. 4:8-9

1. Suffering is inevitable in our lives, no matter how we might try to escape it. We don't typically think of suffering as a blessing or as something that will lead to our good, but it can often lead to a great good for ourselves or for others. How can you begin to look at your sufferings as a possibility for blessings or redemption?
2. When a Christian is faced with suffering, this suffering should lead him to communicate with God. How can you use your sufferings as a means to communicate with God more freely or deeply?
3. Pete mentions two ways that suffering can lead the Christian to communicate with God. The first way is to ask God to alleviate the suffering. Do you often ask God to alleviate sufferings in your life? How can you work to increase your faith in Him while asking for healing?
4. The second way we often communicate with God amidst suffering is to say yes to His will if the suffering persists. Do you attempt to surrender yourself to God's will when He does not relieve your sufferings? How can you strive for greater surrender to His will amidst sufferings?