

The Pray More Lent Retreat Study Guide

Coping with God's (Seeming) Silence with Emily Stimpson-Chapman

Reflective Questions

“In the beginning was the Word, and the Word was with God,
and the Word was God.” John 1:1

1. Even though we know that God is never truly silent towards us, it can often feel as if He has stopped communicating with us. Have you ever felt as if God were not communicating with you? How has this feeling impacted your relationship with God?
2. God's constant communication with us is a part of His nature. What are some ways He has communicated with man in the past that you can bring to mind during periods when it seems as if He is being silent towards you?
3. There are often times in our lives when we feel God speaking to us in a particular way, or sending us consolations that let us feel His presence in our lives. What are some ways God has communicated to you in the past? How can dwelling on these instances help you in moments when you feel as if He is being silent?
4. Sometimes periods of seeming silence from God can actually strengthen our relationship with Him. How can you make use of periods of silence to grow in your faith?