

The Pray More Advent Retreat Study Guide

Looking Closer at St. Joseph with John Kinuthia

Reflective Questions

“Joseph, son of David, do not be afraid to take Mary your wife into your home.” - Matthew 1:20

1. St. Joseph is known for his silence, but his silence was not passive. In his silence, St. Joseph was actively listening to God. How can you work to more actively listen to God’s voice in your life?
2. St. Joseph was resting peacefully when the angel appeared to him in a dream. Are you able to allow yourself to rest peacefully in God’s hands? How can you become more restful so that you’re able to hear God’s voice in your life?
3. St. Joseph was also a man of action, ready and able to do what God asked of him. We are also called to be people of actions. What actions can you take in your life to become more deliberate about doing God’s will?
4. St. Joseph can help us grow closer to God by carving out the things in our lives that are not helpful for our salvation. What things in your life can you bring to St. Joseph for him to carve out?