

# **The Pray More Healing Retreat Study Guide**

## **Trusting God in the Unknown with Ashley Stevens**

### **Reflective Questions**

*“The Lord will fight for you – you need only be still.” – Exodus 14:14*

1. What blessings has God provided for you in the past? Take a moment to reflect on these and to thank God for them. As best you can, try not to ask for anything, but simply think on His past blessings.
2. Do you feel God’s presence in His life? If you are walking through a tough trial at the moment, do you believe that He will bless you again? Why or why not?
3. What is your mud puddle, as Ashley would call it? As you walk through this time, how can you remember your blessings daily? Consider if there is a Bible verse or quote you can hang somewhere in your home to remind you of God’s provision for you in the past. He will not fail you now!
4. Think of the story that Ashley shared when the Israelites were crossing the desert. After seeing everything that God had done for them in helping them escape from the Egyptians, they still doubted. Do you doubt God? If so, how can you increase your confidence that He will not fail you now?