## The Pray More Healing Retreat Study Guide

## How to Lean on the Holy Spirit While Suffering with Joshua Mazrin

## **Reflective Questions**

"But his anointing teaches you about everything and is true and not false; just as it taught you, remain in him." - 1 John 2:27

- 1. The Holy Spirit is often represented in religious art as a dove or as fire, even though He is a Divine Person. How do you tend to picture the Holy Spirit in your mind? Can changing your mental picture of the Holy Spirit help you feel closer to Him as a Person?
- 2. We should all pray to the Holy Spirit often and develop a close relationship with Him. When you pray, how often do you intentionally address the Holy Spirit? How can you grow in your relationship with the Holy Spirit?
- 3. Scripture is filled with God's promises to man. God waits for us to pray like Abraham and Moses did, looking to Him to fulfill the promises He has made to us. What promises do you want to ask God to fulfill in your life?
- 4. The closer we grow in our relationship with the Holy Spirit, the more grace we receive to help us overcome struggles and difficulties. What sufferings in your life do you want the Holy Spirit to help you overcome?