

The Pray More Lenten Retreat Study Guide

The Call to be Humble with Mary Lenaburg

Reflective Questions

"For it is love that I desire, not sacrifice,
and knowledge of God rather than burnt offerings."
- HOS 6:6

1. Jesus suffered first to show us how to suffer well. What is Jesus teaching you about suffering right now? And about suffering well? How have you suffered poorly and how have you suffered well in the past?
2. Is there a particular station, or two, that really resonates with something you need to reflect more on this Lent? How might God be speaking to you through that station? What might He be trying to communicate to you?
3. Think of Veronica and the compassion she showed Jesus in his suffering. Who around you could use your compassion and tenderness during this season of Lent?