

The Pray More Lenten Retreat Study Guide

Experiencing God's Mercy, Part II with Amanda Teixeira

Reflective Questions

“My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior for he has looked with favor on his lowly servant. From this day all generations will call me blessed: the Almighty has done great things for me, and Holy is his Name.”

- an excerpt of the Magnificat prayer. (Luke 1:46-49)

1. How will you put the five actions that Amanda spoke about (Embracing Your Need, Shine The Light, Let Go of the Past, Surrender, Remember His Mercy) to practice in your life, opening yourself to more mercy?
2. Who will you share your plan with to keep you accountable?
3. As Amanda suggested, take a moment to journal. Ask yourself the question, What do you need to let go of and let God put in the past for you?
4. What are some of the ways that you've seen God's mercy in your life.