

# **The Pray More Advent Retreat Study Guide**

## **Encountering Christ Within by Br. Casey Cole**

### **Reflective Questions**

“My soul proclaims the greatness of the Lord. My spirit rejoices in God, my savior. For He has looked with favor on His lowly servant.” - Luke 1:46-47

1. Br. Casey describes the similarities between Mary and Jesus and the fact that we are made in Jesus' image. Not only His image but he dwells in us through the sacraments and in our souls. Has someone ever been the, “face” of Jesus to you? Have you ever recognized Jesus in another person? If so, what were the circumstances? Have you ever been the face of Jesus for another person? If so, what did you learn from that experience?
2. Mary's, “Yes” is a very important moment. She said, “Yes” to have a child when she was not married and there were many reasons for her to say, “No”. Instead she said “Yes” and lived joyfully and without fear. Every day we are given the opportunity to be like Mary and say, “Yes” to God as she did. Have you ever said, “Yes” to God? This Advent, try to intentionally say, “Yes” to God as Mary did.
3. Is there someone in your life who needs a word of encouragement or help and charity? If so, reach out to that person and offer to help in any way that you can.
4. Reflection: Lord, please help me to see that you are the greatest gift I've ever received.