



The Pray More Healing Retreat

The Longest Hour: The Story of My Son, A Soon-to-be Saint, and a Miracle, Part II

By Bonnie Engstrom

“The LORD’s acts of mercy are not exhausted,
his compassion is not spent;^k

23They are renewed each morning—
great is your faithfulness!

24The LORD is my portion, I tell myself,
therefore I will hope in him.^l

25The LORD is good to those who trust in him,
to the one that seeks him;^m

26It is good to hope in silence
for the LORD’s deliverance.”

- Lamentations 3:22 - 26

Reflective Questions

1. Bonnie was reminded that she wasn’t alone when one of the first responders let her rest and lean on him. How has God reminded you that you are not alone in your pain? How have you reminded others, in their pain, that they are not alone?
2. When the future of Bonnie’s son was uncertain, she realized that she could either live in despair or darkness or she could remember Who God was in her life -- and she shares that He had been faithful and He had been generous. So she chose to believe, then, that her child was a gift and she chose to live in the light of God’s love and in His

plan for them. Have you been presented with a moment like this: when you were in a position to either live in darkness or in the light, trusting in Him? When was that moment for you and how have things changed since then?

3. Even in the darkest times that Bonnie and her family experienced, she believes God was faithful to them. How has He been faithful to you in your hardest moments? It may not be as clear or as big as a miraculous healing, but it may be in much smaller and in not-as-obvious ways. How has He been with you?
4. Bonnie continued to have hope despite the dire state of her son and the uncertainty. How can you foster greater hope in whatever situation you find yourself in? How can you trust in the Lord right now, to a greater degree? Are you able to look back at other situations you've been through and see how He has provided then, and does that bring you some comfort now?