

# The Pray More Advent Retreat

Inspiring talks to help you  
prepare to celebrate the  
birth of our Lord,  
Jesus Christ



## The Titles of Jesus

By Mary Lenaburg

“For a child is born to us, a son is given to us;  
upon his shoulder dominion rests.  
They name him Wonder-Counselor, God-Hero,  
Father-Forever, Prince of Peace.”

- Isaiah 9:6

”As a mother delights in taking her child on her knees, in caressing and feeding him, so does our God delight in treating with love and tenderness those souls who give themselves entirely to Him, and place all their hopes in His goodness and bounty.”

-Saint Alphonsus Liguori, Doctor of the Church

## Reflective Questions

1. We have to have a willing heart and a willingness to listen to God to be advised and to be counseled by Him. We do that through our prayer life and by having a good relationship with the Lord. What is one thing that you could use God’s guidance in? How have you been willing to listen to Him speak to you about that matter? How have you had an open heart to what He has to say about it?
2. It can be easy to forget that God can do amazing, miraculous things in our lives. It can be easy to forget that He is capable of things we could never believe He could do. Have you thought this way before? Have you limited the possibilities for what you believe God can do for you? Take a moment and try to unlearn those thoughts. Try to believe that He is mighty, that He is powerful. If it doesn’t come naturally, ask God in prayer to help you believe it.

3. How have you seen the mightiness of God in your life? What has He done that has surprised you, that has moved mountains for you when you needed it?
4. God our Father provides and protects. How has He done this for you? How has He fathered you? If you don't have the experience of having a relationship with Him as your Father, give it a try sometime this Advent. Run to Him with your needs as a child does, and ask for His help.
5. Consider writing down these titles of Jesus. Make a list of them. What would you add to the list? Who is God to you? What names or titles do you use for Him?