

The Pray More Retreat Study Guide



Starting a Conversation with God & Responding to His Word

by Kim Padan

“The Lord is my Shepherd, I shall not want. He makes me lie down in green pastures;
He leads me beside still waters;
He restores my soul. He leads me in right paths For His Name's sake.
Even though I walk through the darkest valley, I fear no evil;
For you are with me;
Your rod and Your staff - they comfort me.
You prepare a table before me in the presence of my enemies, You anoint my head with oil;
My cup overflows.
Surely goodness and mercy shall follow me All the days of my life. And I shall dwell in the house of the Lord My whole life long.”
[Psalm 23:1-6; NRSV]

Reflective Questions

- Whenever we read the Word of God, or listen to it at Mass, we have to understand that God is speaking directly to us. He is starting a conversation with us! The question is: do we ever start the conversation with Him? Or, do we respond to Him after he has spoken?
- We're called to listen to the Word of God and to respond in silent reflection. Do you spend time, quietly, after hearing the Word of God to let the message soak in, and to discern what He is trying to tell you through His word?

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- Do you allow the Word of God to affect your daily life? It is not just enough to hear it, but to live it out in your day to day life — to make Christ known to the world by all that you do and say.