

## The Pray More Retreat Study Guide



### **Amp Up Your Prayer Life with These Resources**

by Katie Warner

“For prayer is nothing else than being on terms of friendship with God.”

— Teresa of Ávila

### **Prayer Resources**

- Liturgy of the Hours
- Laudate App
- *Thirsting for Prayer* by Father Jacques Philippe
- *What Every Couple Should Know About Marriage and Prayer* by Ven. Archbishop Fulson Sheen
- Pray More Novenas, [praymorenovenas.com](http://praymorenovenas.com)
- Scripture: Psalms, Gospels, Paul’s Letters
- EWTN App
- *Head and Heart: Becoming Spiritual Leaders For Your Family* by Katie Warner

### Reflective Question

- Prayer gives birth to healing and transformation. Is there something within myself that I wish would change? Have I talked to God about it? And do I bring it to prayer continually, trusting in God’s plan?