

The Pray More Retreat Study Guide



Overcoming the Lies of the Devil

by Father Anthony Co

“The Prince of this world, Satan, doesn’t want our holiness, he doesn’t want us to follow Christ. Maybe some of you might say: ‘But Father, how old fashioned you are to speak about the devil in the 21st century!’ But look out because the devil is present! The devil is here... even in the 21st century! And we mustn’t be naïve, right? We must learn from the Gospel how to fight against Satan.” - Pope Francis

Reflective Questions

- Two of the temptations that Jesus experienced in the desert were the temptations of power and honor. How are you tempted to both in your life? And how can you pray about these temptations, surrendering them over to God, asking for Jesus Christ’s help to overcome them?
- The devil wants you to dwell on regrets of the past or to dwell on fears of the future. Can you think of times when regrets and/or fears of either overwhelmed you? In those moments, now, what can you do to remain present in the moment where God is?
- Jesus makes all things new. Try to remember this the next time your day gets off to a wrong start, or whenever you begin to feel bogged down by your temptations or sins. No matter what time during the day, God makes all things new and can give you a brand new beginning.
- What lies are you holding onto that may be lies of the devil? How do they contradict the truth and love of God? These could be lies about who you are, what God thinks of you, and even lies about who God is.

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- Once you identify the lies you're holding onto, and remember the Truth as it exists, you're now called to embrace the Truth. What can you do to not go back to holding onto those lies of the devil?